

LUNCH

All Sandwiches are served with a choice of home made soups, or organic baby green salad with choice of dressing, or Caesar salad or Cole slaw.

Our dressings are made fresh daily on the premises from the highest quality ingredients.

(Balsamic Vinaigrette, Ranch, Creamy Italian, Blue Cheese, Thousand Island)

Substitutions; for Fries add an additional \$1.00, Sweet Potato Fries \$2.50, Onion Rings \$2.50, Frings \$2.50

SUMPTUOUS SANDWICHES

Healthful Tuna	11.95
Albacore Tuna Prepared with a Touch of Curry, Roasted Sunflower Kernels, Monterey Jack, Lettuce, Tomato & Sprouts on Black Bread	
Shrimp & Avocado	12.95
Tomato, Lettuce & Louis Dressing on Sourdough Bread	
Turkey	11.95
Roast Breast of Turkey, Melted Swiss, Tomato, Lettuce & Louis Dressing on Sourdough Bread	
Smoked Ham	11.95
Hickory Smoked Ham, Melted Swiss, Tomato, Lettuce & Mustard Dressing On Light Rye Bread	
TAB	11.95
Turkey, Sliced Avocado & Smoked Applewood Bacon on Sourdough Bread with Tomato and Louis Dressing	
Chicken Salad	11.95
Homemade Chicken Salad with Water Chestnuts, Green Onions Served on Whole Wheat Bread with Lettuce & Tomato	
B.L.T.	11.95
Two Layers of Smoked Applewood Bacon, Lettuce, Tomato & Avocado on Toasted Whole Wheat Bread	
BBQ Pulled Pork Sandwich	11.95
Served on a Dusted Roll with Coleslaw & Fries on the Side	

VEGETARIAN SANDWICHES

Vegetarian Special	10.95
Sliced Avocado, Jack Cheese, Tomato & Sprouts on Whole Wheat Bread with Louis Dressing.	
Roasted Portabella Mushroom	11.95
Whole Roasted Portabella Mushroom, Roasted Peppers, Caramelized Onions, Avocado, Organic Baby Mixed Greens Tossed with Balsamic Vinaigrette & Pesto Mayonnaise on a Whole Wheat Bun	
Grilled Eggplant	11.95
Eggplant, Roasted Red Peppers, Red Onions, Melted Mozzarella & Garlic Aioli. Served on a Whole Wheat Bun	

GRILLED SANDWICHES

Patty Melt	11.95
(100% USDA Choice Ground Chuck) Served on Grilled Rye, with Sautéed Onions, Tillamook Cheddar. * 1/2 lb Patties Add \$1.00	
Marinated Grilled Chicken Breast	11.95
Free Range Chicken Breast Served on a Dusted Roll with Lettuce, Tomato & Mayonnaise	
Teriyaki Chicken	11.95
Free Range Breast Brushed with a Teriyaki Glaze, Served on a Dusted Roll with Lettuce, Tomato & Mayonnaise	
GRILLED ROSEMARY CHICKEN	
Free Range Chicken breast marinated in rosemary and white wine, lettuce, tomato and Dijon honey mustard on a Dusted Roll.....11.95	
Breaded, Seasoned Chicken Breast	12.95
Smoked Applewood Bacon, Avocado, Monterey Jack, Lettuce, Tomato & Mayonnaise Served on a Dutch Crunch Roll	
Tuna Melt on Sourdough	11.95
Albacore Tuna, Sliced Tomato & Monterey Jack Cheese	
Reuben	11.95
Homemade Lean Corned Beef, Sauerkraut, Melted Swiss, Thousand Island on Light Rye Bread	
The Big Cheese	9.95
Grilled Cheese on Sourdough with Plenty of Tillamook Cheddar & Monterey Jack Cheese	
Grilled Ham & Cheese	11.95
Thick Sliced Ham & Tillamook Cheddar on Sliced Sourdough	

HOMEMADE SOUPS

Made From the Finest Ingredients. Choose From Our Varied Daily Selection

Regular Bowl	5.95
Take Home a Quart	9.95

HAMBURGERS

*Our hamburgers are 1/3 pound USDA Choice Ground Chuck Charbroiled and Served Thick and Juicy on an Old Fashioned Bun, with your Choice of Fries or Organic Baby Greens or Caesar Salad - *1/2 Pound Burgers, add \$1.00*

Hamburger	9.95
Served with Lettuce, Tomato, Mayonnaise, Mustard, Pickle & Sliced onions	
Cheeseburger	10.95
Served with Tillamook Cheddar, Lettuce, Tomato, Mayonnaise, Mustard, Pickle & Sliced Onions	
Barefoot Special	11.95
Served with Sautéed Mushrooms and Onions & Blue Cheese	
Bacon Cheeseburger	11.95
Served with Smoked Applewood Bacon, Tillamook Cheddar, Lettuce, Tomato, Mayonnaise, Mustard, Pickle & Sliced Onions	
Swiss Mushroom Burger	11.95
Served with Sautéed Mushrooms, Swiss, Lettuce, Tomato, Mayonnaise, Mustard, Pickle & Sliced Onions	
California Burger	11.95
Served with Fresh Avocado, Monterey Jack, Lettuce, Tomato, Mayonnaise, Mustard, Pickle & Sliced Onions	
Turkey Burger	9.95
All White Meat Ground Patty Served on a Whole Wheat Bun with Lettuce, Tomato, Honey Mustard & Coleslaw on the Side	
Garden Burger	9.95
Served on a Whole Wheat Bun with Monterey Jack, Avocado, Sprouts, Tomato, Mustard Dressing & Coleslaw on the Side	

FISH & CHIPS

Beer Battered Cod Served with Sweet Potato French Fries	14.95
Fried Breaded Oysters (6) Served with Fries and Coleslaw	14.95

FRIES & RINGS

French Fries	3.95	Coleslaw	2.50
Thick Cut, Beer Battered Onion Rings	4.95	Chili Fries with Tillamook Cheddar & Diced Onions	5.95
Frings 1/2 Fries & 1/2 Onion Rings	4.95	Garlic Fries	4.50
Sweet Potato French Fries	4.95	Homemade Chili with Tillamook Cheddar & Diced Onion ..	5.95

SALADS

Our Dressings are Made Fresh Daily on the Premise from the Highest Quality Ingredients (Balsamic Vinaigrette, Ranch, Creamy Italian, Bleu Cheese, Thousand Island)

Bosc Pear & Mixed Greens Bocs Pear, Black Currants, Pinenuts & Herbed Goat Cheese	10.95
Roasted Organic Baby Beet Salad Served with Organic Arugula & Ricotta Saluta	10.95
Free Range Roasted Chicken Salad	12.95
Served with Grilled Onions, Golden Raisins & Organic Arugula with Balsamic Vinaigrette	
Chicken Salad	12.95
Free Range Chicken Breast Baked in Wine. Mixed with Mayonnaise, Water Chestnuts & Green Onion Served on a Bed of Organic Baby Mixed Greens with Tomato, Egg, Cucumber, Cheese, Homemade Croutons and Your Choice of Dressing	
Tuna Salad	12.95
Albacore Tuna Prepared with a Touch of Curry and Roasted Sunflower Kernels on a Bed of Organic Baby Mixed Greens with Monterey Jack & Tillamook Cheddar, Sliced Egg, Tomato, Homemade Croutons & Your Choice of Dressing	
Herb Crusted Salmon Salad	17.95
Fresh Herbed Crusted Salmon Grilled and Served on a bed of Organic Baby Mixed Greens, Vegetables, Tomato and Balsamic Vinaigrette on the side.	
Guacamole Salad	12.95
Guacamole, Seasonal Vegetables Tomato, Monterey Jack & Tillamook Cheddar, Sliced Egg, Homemade Croutons, on a Bed of Organic Baby Mixed Greens with Your Choice of Dressing	
Summer Salad	10.95
A Bed of Organic Baby Mixed Greens Topped with Seasonal Vegetables, Sliced Egg, & Homemade Croutons	
1/2 Summer Salad	6.95
Soup N' Salad	10.95
Choice of Soup, Organic Baby Mixed Greens with Your Choice of Dressing & Homemade Croutons	
B.L.T.	8.95
Wedge Salad of Iceberg Lettuce, Smoke Applewood Bacon, Tomato & Blue Cheese Dressing	
Warm Spinach Salad	11.95
Smoked Applewood Bacon, Mushrooms & Balsamic-Honey Vinaigrette	
Cafe Caesar With our Homemade Dressing, Croutons & Parmesan Cheese	10.95
..... With Grilled Chicken Add 3.00	
1/2 Cafe Caesar	6.95
Caprese Salad Fresh Mozzarella & Tomato, Local Basil, Extra Virgin Olive Oil & Garlic	11.95
Chinese Chicken Salad	12.95
Marinated and Grilled Free Range Chicken Breast, Heart of Romaine, Snow Peas, Sweet Red Bell Peppers, Scallions, Crispy Rice Noodles, Toasted Almonds & Sesame Soy Vinaigrette	
Mixed Seasonal Greens Feta Cheese, Toasted Pecans, Currants & Apple Sherry Vinaigrette	11.95