

LUNCH

All Sandwiches are served with a choice of home made soups, or organic baby green salad with choice of dressing, or Caesar salad or Cole slaw.

Our dressings are made fresh daily on the premises from the highest quality ingredients.
(Balsamic Vinaigrette, Ranch, Creamy Italian, Blue Cheese, Thousand Island)

Substitutions; for Fries add an additional \$1.95, Sweet Potato Fries \$2.95, Onion Rings \$2.95, Frings \$2.95

SUMPTUOUS SANDWICHES

Healthful Tuna	14.95
Albacore Tuna Prepared with a Touch of Curry, Roasted Sunflower Kernels, Monterey Jack, Lettuce, Tomato & Sprouts on Black Bread	
Shrimp & Avocado	15.95
Tomato, Lettuce & Louis Dressing on Sourdough Bread	
Turkey	14.95
Roast Breast of Turkey, Melted Swiss, Tomato, Lettuce & Louis Dressing on Sourdough Bread	
Smoked Ham	14.95
Hickory Smoked Ham, Melted Swiss, Tomato, Lettuce & Mustard Dressing On Light Rye Bread	
TAB	14.95
Turkey, Sliced Avocado & Smoked Applewood Bacon on Sourdough Bread with Tomato and Louis Dressing	
Chicken Salad	14.95
Homemade Chicken Salad with Water Chestnuts, Green Onions Served on Whole Wheat Bread with Lettuce & Tomato	
B.L.T.	14.95
Two Layers of Smoked Applewood Bacon, Lettuce, Tomato & Avocado on Toasted Whole Wheat Bread	
BBQ Pulled Pork Sandwich	14.95
Served on a Dusted Roll with Coleslaw & Fries on the Side	

VEGETARIAN SANDWICHES

Vegetarian Special	13.95
Sliced Avocado, Jack Cheese, Tomato & Sprouts on Whole Wheat Bread with Louis Dressing.	
Roasted Portabella Mushroom	14.95
Whole Roasted Portabella Mushroom, Roasted Peppers, Caramelized Onions, Avocado, Organic Baby Mixed Greens Tossed with Balsamic Vinaigrette & Pesto Mayonnaise on a Whole Wheat Bun	
Grilled Eggplant	14.95
Eggplant, Roasted Red Peppers, Red Onions, Melted Mozzarella & Garlic Aioli. Served on a Whole Wheat Bun	

GRILLED SANDWICHES

Patty Melt	15.95	
(100% USDA Choice Ground Chuck) Served on Grilled Rye, with Sautéed Onions, Tillamook Cheddar. * 1/2 lb Pattie		
Marinated Grilled Chicken Breast	14.95	
Free Range Chicken Breast Served on a Dusted Roll with Lettuce, Tomato & Mayonnaise		
Teriyaki Chicken	14.95	
Free Range Breast Brushed with a Teriyaki Glaze, Served on a Dusted Roll with Lettuce, Tomato & Mayonnaise		
GRILLED ROSEMARY CHICKEN		
Free Range Chicken breast marinated in rosemary and white wine, lettuce, tomato and Dijon honey mustard on a Dusted Roll.....		14.95
Breaded, Seasoned Chicken Breast	15.95	
Smoked Applewood Bacon, Avocado, Monterey Jack, Lettuce, Tomato & Mayonnaise Served on a Dutch Crunch Roll		
Tuna Melt on Sourdough	14.95	
Albacore Tuna, Sliced Tomato & Monterey Jack Cheese		
Reuben	14.95	
Homemade Lean Corned Beef, Sauerkraut, Melted Swiss, Thousand Island on Light Rye Bread		
The Big Cheese	11.95	
Grilled Cheese on Sourdough with Plenty of Tillamook Cheddar & Monterey Jack Cheese		
Grilled Ham & Cheese	13.95	
Thick Sliced Ham & Tillamook Cheddar on Sliced Sourdough		

HOMEMADE SOUPS

Made From the Finest Ingredients. Choose From Our Varied Daily Selection

Regular Bowl	7.95
Take Home a Quart	11.95

HAMBURGERS

Our hamburgers are 1/2 pound USDA Choice Ground Chuck Charbroiled and Served Thick and Juicy on an Old Fashioned Bun, with your Choice of Fries or Organic Baby Greens or Caesar Salad.

Hamburger	14.95
Served with Lettuce, Tomato, Mayonnaise, Mustard, Pickle & Sliced onions	
Cheeseburger	15.95
Served with Tillamook Cheddar, Lettuce, Tomato, Mayonnaise, Mustard, Pickle & Sliced Onions	
Barefoot Special	15.95
Served with Sautéed Mushrooms and Onions & Blue Cheese	
Bacon Cheeseburger	16.95
Served with Smoked Applewood Bacon, Tillamook Cheddar, Lettuce, Tomato, Mayonnaise, Mustard, Pickle & Sliced Onions	
Swiss Mushroom Burger	15.95
Served with Sautéed Mushrooms, Swiss, Lettuce, Tomato, Mayonnaise, Mustard, Pickle & Sliced Onions	
California Burger	15.95
Served with Fresh Avocado, Monterey Jack, Lettuce, Tomato, Mayonnaise, Mustard, Pickle & Sliced Onions	
Turkey Burger	14.95
All White Meat Ground Patty Served on a Whole Wheat Bun with Lettuce, Tomato, Honey Mustard & Coleslaw on the Side	
Garden Burger	13.95
Served on a Whole Wheat Bun with Monterey Jack, Avocado, Sprouts, Tomato, Mustard Dressing & Coleslaw on the Side	

FISH & CHIPS

Beer Battered Cod Served with Sweet Potato French Fries	18.95
Fried Breaded Oysters (6) Served with Fries and Coleslaw	18.95

FRIES & RINGS

French Fries	5.95	Coleslaw	3.95
Thick Cut, Beer Battered Onion Rings	6.95	Chili Fries with Tillamook Cheddar & Diced Onions	7.95
Frings 1/2 Fries & 1/2 Onion Rings	6.95	Garlic Fries	6.95
Sweet Potato French Fries	6.95	Homemade Chili with Tillamook Cheddar & Diced Onion	7.95

SALADS

Our Dressings are Made Fresh Daily on the Premises from the Highest Quality Ingredients (Balsamic Vinaigrette, Ranch, Creamy Italian, Bleu Cheese, Thousand Island)

Bosc Pear & Mixed Greens Bosc Pear, Black Currants, Pinenuts & Herbed Goat Cheese	14.95
Roasted Organic Baby Beet Salad Served with Organic Arugula & Ricotta Saluta	14.95
Roasted Chicken Salad (Organic Rosie Chicken)	16.95
Served with Grilled Onions, Golden Raisins & Organic Baby Arugula with Balsamic Vinaigrette	
Chicken Salad	16.95
Free Range Chicken Breast Baked in Wine. Mixed with Mayonnaise, Water Chestnuts & Green Onion Served on a Bed of Organic Baby Mixed Greens with Tomato, Egg, Cucumber, Cheese, Homemade Croutons and Your Choice of Dressing	
Tuna Salad	16.95
Albacore Tuna Prepared with a Touch of Curry and Roasted Sunflower Kernels on a Bed of Organic Baby Mixed Greens with Monterey Jack & Tillamook Cheddar, Sliced Egg, Tomato, Homemade Croutons & Your Choice of Dressing	
Herb Crusted Salmon Salad	18.95
Fresh Herbed Crusted Salmon Grilled and Served on a bed of Organic Baby Mixed Greens, Vegetables, Tomato and Balsamic Vinaigrette on the side.	
Guacamole Salad	15.95
Guacamole, Seasonal Vegetables Tomato, Monterey Jack & Tillamook Cheddar, Sliced Egg, Homemade Croutons, on a Bed of Organic Baby Mixed Greens with Your Choice of Dressing	
Summer Salad	14.95
A Bed of Organic Baby Mixed Greens Topped with Seasonal Vegetables, Sliced Egg, & Homemade Croutons	
1/2 Summer Salad	8.95
Soup N' Salad	14.95
Choice of Soup, Organic Baby Mixed Greens with Your Choice of Dressing & Homemade Croutons	
B.L.T.	14.95
Wedge Salad of Iceberg Lettuce, Smoke Applewood Bacon, Tomato & Blue Cheese Dressing	
Warm Spinach Salad	15.95
Smoked Applewood Bacon, Mushrooms & Balsamic-Honey Vinaigrette	
Cafe Caesar With our Homemade Dressing, Croutons & Parmesan Cheese	14.95
..... With Grilled Chicken Add	5.95
1/2 Cafe Caesar	9.95
Caprese Salad Fresh Mozzarella & Tomato, Local Basil, Extra Virgin Olive Oil & Garlic	14.95
Chinese Chicken Salad	16.95
Marinated and Grilled Free Range Chicken Breast, Heart of Romaine, Snow Peas, Sweet Red Bell Peppers, Scallions, Crispy Rice Noodles, Toasted Almonds & Sesame Soy Vinaigrette	
Mixed Seasonal Greens Feta Cheese, Toasted Pecans, Currants & Apple Sherry Vinaigrette	14.95